

Carolina GOLD Track Classic

Field Event Schedule

* Field Events may begin at least 15 minutes before the scheduled time.

Mini-Javelin/ Javelin

9:00 am	15-16 (G) & 17-18 (G)
10:15 am	15-16 (B) & 17-18 (B)
11:30 am	8U (B) & 9-10 (B)
12:45 pm	8U (G) & 9-10 (G)
2:00 pm	11-12 (B), 13-14 (B)
3:15 pm	11-12 (B), 13-14 (B)

Shot Put

9:00 am	8U (G), 9-10 (G)
10:15 am	11-12 (G), 13-14 (G)
11:30 am	15-16 (G), 17-18 (G)
12:45 pm	8U (B), 9-10 (B)
2:00 pm	11-12 (B), 13-14 (B)
3:15 pm	15-16 (B), 17-18 (B)

Discus

9:00 am	11-12 (B)
10:00 am	13-14(B)
11:00 am	15-16 (B), 17-18 (B)
12:15 pm	11-12 (G)
1:15 pm	13-14(G)
2:15 pm	15-16 (G), 17-18 (G)

Long Jump

Pit #1 (Near Fence)

9:30 am	8U (B)
10:15 am	9-10 (B), 11-12 (B)
11:00 am	13-14 (B)
11:45 pm	15-16 (B), 17-18 (B)

Long Jump

Pit #2 (Near Bleachers)

9:30 am	8U (G)
10:15 am	9-10 (G), 11-12 (G)
11:00 am	13-14 (G)
11:45 pm	15-16 (G), 17-18 (G)

Triple Jump

Pit #2 (Near Bleachers)

12:30 pm	13-14 (B)
1:15 pm	15-16 (B), 17-18 (B)
2:00 pm	15-16 (G), 17-18 (G)
2:45 pm	13-14 (G)

High Jump

9:00 am	15-16 (G), 17-18 (G)
10:00 am	15-16 (B), 17-18 (B)
11:30 am	9-10 (G), 11-12 (G)
12:30 pm	13-14 (G)
1:15 pm	9-10 (B), 11-12 (B)
2:00 pm	13-14 (B)

Pole Vault

9:30 am	13-14 (G)
10:15 am	15-16 (G), 17-18 (G)
11:00 am	13-14 (B)
11:45 am	15-16 (B), 17-18 (B)
12:30 pm	
1:15 pm	

Field Events

Start time 9:00am

Shot Put

Discus

Turbo Javelin/ Javelin

Pole Vault

High Jump

Long Jump

Triple Jump

Track Event Rolling Schedule

Start time is 9:00am

1500m / 300m Race Walk

3000m Run

80m/ 100m/ 110m Hurdles

4x800m Relay

4x100m Relay

(Parent & Coach Relay)

1500m Run

100m Dash (No Prelims)

400m Dash

200m/ 400m Hurdles

800m Run

200m Dash (No Prelims)

4x400m Relay

Presentation of Team Trophies



Carolina GOLD Track Classic

Saturday, June 12, 2021

Schedule of Events

GATES OPEN - 7:00 A.M.

PACKET PICKUP – 7:15 A.M. – 8:45 A.M.
 TRACK OPEN FOR WARMUPS – 7:30 A.M.
 COACHES MEETING AT 8:45 A.M.
 TRACK CLOSSES - 8:55 A.M.

MEET START TIME - 9:00 A.M.

Running Events:	Field Events:
1500m / 3000m Race Walk 3000m Run (Ages 11 – 18) 80m Hurdles 100m/ 110m Hurdles 4x800m Relay 4x100m Relay Coaches/Parent Relay 1500m Run 100m Dash 400m Dash 200m Hurdles (13-14 only) 400M Hurdles (15 -16, 17-18) 200m Dash 800m Run 4x400m Relay	Long Jump (8U+) Triple Jump (Ages 13-18 Only) High Jump (Ages 9 – 18 Only) Shot Put (8U+) Discus (Ages 11 – 18 Only) Turbo Javelin (8-and-under, 9-10) Aero Javelin (11-12) 600g, 800g Javelin (13-14, 15-16, 17-18) Pole Vault (Ages 13 – 18 Only)
*ALL RUNNING EVENTS RAN AS FINALS. NO PRELIMINARY ROUNDS.	

Field Event Schedule

- * Field Events may begin at least 15 minutes before the scheduled time.
 - *Athletes are responsible for bringing *their own* implements for throwing events and pole vault.
 - * Check in at the event, and all athletes must report to event by 3rd call.
- *We will try to keep age groups separate, but may combine groups based on the number of entries.